

# The Morning In Exile

## **Oat Bowl (VG) (GF)**

Steel Cut Oats | Dried Cranberries | Milk | Maple Syrup | Cinnamon Sugar 12

## **Fresh Start (VG) (GF)**

Greek Yogurt | House Made Granola | Bowl of Fresh Fruit | Honey 13

## **Ham Benedict (GF\$)**

Poached Eggs | Croissant | Spinach | Ham | Hollandaise | Home Fries 15

## **Veggie Benedict (VG) (GF\$)**

Poached Eggs | Croissant | Tomato | Spinach | Hollandaise | Home Fries 15

## **Buttermilk Pancakes (VG)**

3 stacked Pancakes | Maple Syrup | Blackberries | Whipped Cream 15

## **Classic Breakfast (GF\$)**

2 Eggs Any Style | Sliced Bacon | Sausage | Home Fries | Homestyle Toast 12

## **Fish Cake and Beans (GF\$)**

Savoury Salt Cod Cake | House Made Molasses Baked Beans | Mustard Pickles | Homestyle Toast 10

## **Jag Omelette**

3 Eggs | Sausage | Bacon | Onions | Peppers | Mushrooms | Aged Cheddar | Home Fries 15

## **Veggie Omelette (VG)**

3 Eggs | Peppers | Onions | Mushrooms | Spinach | Tomato | Aged Cheddar | Home Fries 15

**\*Moose or Bear Sausage (\$) Available For Substitution When In Season\***

## **Extras**

Fresh Fruit	5	Moose Sausage	5
Yogurt	4	Fish Cake	5
Baked Beans	5	Croissant	4
Bacon or Sausage	4	Home Fries	4
Thick Cut Bacon	5	Homestyle Toast	3
Ham	5	Bear Sausage	5

(VG)- Vegetarian (GF) - Gluten Free

(GF\$) - Gluten free bread available for \$2